

**JANUARY -
MARCH 2023**

COMBATING GENDER STEREOTYPES IN EDUCATION

TRAINING FOR EDUCATORS IN SOCIAL-EMOTIONAL AND ETHICAL LEARNING (SEEL)

17 trainers had been directly involved in these events. In 2022 they took part in complex training according to the training program of the coaching staff on SEEL. 5 regional "Diving into SEEL " trainings had become a certification activity for them.



During these trainings 147 women and 3 men from educational sector were able to:

- familiarize with the basic concepts, system, pedagogical model, SEEL curriculum, including conflict resolution and development of tolerance culture;
- identify the program's connection with the New Ukrainian School (NUS) standards;
- learn to deliver, analyze and discuss SEEL sessions;
- demonstrate the ability for self-reflection and self-assessment in the context of professional growth (as SEEL practitioners);
- discuss the plans on program implementation in educational establishments and SEEL program adaptation to domestic educational context.



A special session was introduced to discuss the SEEL value in education, program's potential in NUS, including the wartime and post-war period. These trainings were aimed primarily at improvement of social-emotional competence, systemic and critical thinking, methodology of SEEL delivery, classroom-level facilitation, emotional hygiene rules, wartime and post-war resilience. 91% of respondents mentioned that training met their personal expectations in full:

"Thanks to this event I understand what practical changes of educational system can be introduced in my school. How to make kids happy, motivated and successful."

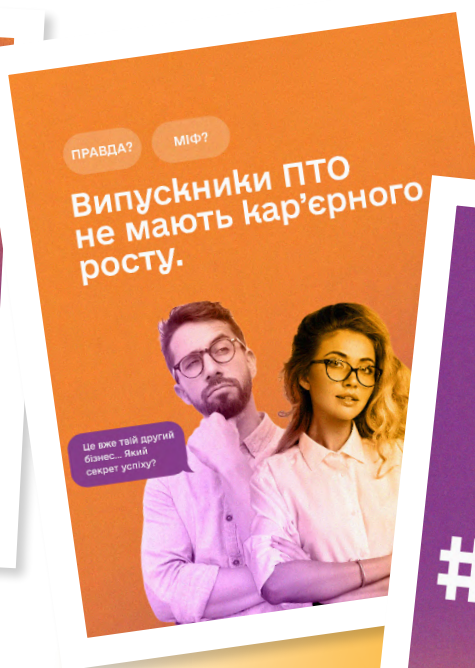
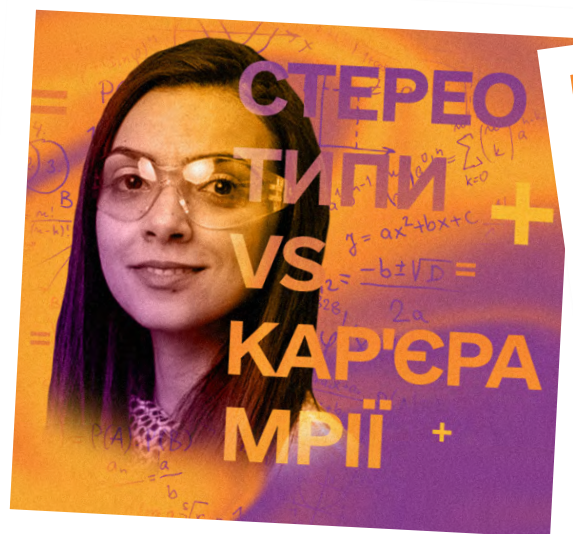


"The most important issue to reconsider – we are finally paving our way towards the changes, improvement of educational system. SEEL is a great tool implement it seamlessly in schools!"



Within the next 1,5 months SEEL implementation stage will be rolled out in educational establishments with the information and methodological support of EdCamp and trainers' teams. As a first step implementation workplan shall be discussed – a tentative algorithm helping to draft an individual SEEL implementation action plan for each establishment, aiming at combination of program goals, school values and philosophy.

Find more about the project: [EdCamp](#) and [SEE learning](#)



#CVIDOMI: TO REBUILD THE COUNTRY – CAMPAIGN ON CHOOSING THE CAREER WITHOUT STEREOTYPES FOR UKRAINE'S FUTURE

In February UNFPA and Junior Academy of Sciences of Ukraine launched a new wave of communication campaign #CVIDOMI: to rebuild the country planned to finish in June.

This campaign is aimed at encouraging Ukrainian adolescents aged 13-18 to overcome gender and career-related stereotypes, avoid typical barriers on their way to choose a profession: lack of confidence, parental pressure, misperception of certain professions which are labeled as non-prestigious or "inappropriate" for males/females and pick the desired profession to rebuild the country.

Representatives of various professions, media HR-specialists, gender equality experts are engaged in this campaign. Inspiring videos and podcasts with representatives of various professions, useful articles and tests for school graduates, science shows and networking events will be introduced within the campaign. Videoproject introduces 10 professions for the future recovery of Ukraine which one may start mastering not only as a university student but in vocational schools as well having graduated after 9th grade. The State Emergency Service female rescuer, construction female engineer, diesel locomotive female driver, architect, baker etc – they share their experiences, tell about the specificity of their professions and personal

development, the impact of hostilities on their professional activity and relevance of these jobs for the state recovery, challenges and stereotypes and the ways to overcome them.

Another campaign component is the "Scientific Talk" podcast with female scientists and innovators who built successful careers in STEM-sectors, telling about their professions and career path. In this podcast 10 heroines (astrophysicist, neurobiologist, geneticist etc) will share some advice on how to consciously select a future profession and build the desired career in the scientific and technology sector with all gender and professional bias rolled back.

"#CVIDOMI: to rebuild the country" campaign, backed by experts, debunks the myths and bias related to vocational schools, highlights the perks of STEM-professions and the importance of relevant skills in demand at the modern labor market, regardless of gender, and conscious selection of a profession for the state recovery.

Links: [JAS-media](#), [JAS Instagram](#), [JAS Facebook](#), [JAS Telegram](#), [JAS YouTube](#), [JAS TikTok](#).

GENDER-SENSITIVE SCIENCE POPULARIZATION AMONG EDUCATORS AND YOUTH

In the first quarter of 2023 **Lviv Open Lab** – youth hub popularizing science and STEAM education – implemented 2 projects with the support of UNFPA: "Science Ambassadors" and "STEAM promotion of innovative education for career opportunities without stereotypes", in particular, "OL Science Festival".

"Science Ambassadors" is a project focused on gender-sensitive popularization of science among educators, aimed to demonstrate how interesting science can be and teach teachers to introduce themselves and their research. A total of 19 participants took part in the project in March 2023 (17 women and 2 men aged 22-50).

The first project stage was implemented in the format of 2-day training (March 17-18), covering different topics, including online tools for presentations, neurodiversity, debate algorithm, stereotype trap concept, peculiarities of storytelling, use of femininities and gender-neutral words, tools and methods to motivate schoolchildren and students.

Certified experts noted that participants were able to raise awareness and master tools of gender-sensitive science popularization, acknowledging the importance of debunking relevant myths. The following events are planned for educators:



"I think it is necessary not just to transfer knowledge and skills to young people but also to become envoys of meanings, new values and principles; transform not only the understanding and perception but motivate to shape new post-war reality with more innovative tools; not just disseminating the information but being a competent scientific leader, a trendsetter and inspirer"

Anna, biotechnologist, scientist and teacher.



- interactive gender-sensitive public presentations for youth (in April);
- story night "Openly about Science " in the storytelling format where participants will be able to share their experience and impressions with invited guests and young audience.

After project completion participants will get access to unique information, to include a guide with public presentation lifehacks in the format of short videos and a manual containing useful material related to gender-sensitive science popularization among STEAM-educators.



This project is implemented in partnership with youth space network TVORY!, Department of Education of Lviv City Council, Lviv Educators' Professional Advancement Center, National University "Lviv Polytechnics" and Ivan Franko Lviv National University.

Link: [Lviv Open Lab](#)

"STEAM PROMOTION OF INNOVATIVE EDUCATION FOR CAREER OPPORTUNITIES WITHOUT STEREOTYPES",

in particular, **"OL Science Fest"** – national science festival which combines practical and theoretical components in an edutainment format and demonstrates that science is accessible and easy to understand for everyone.

In March 2023 science show was organized in Vinnytsia with participation of 125 adolescents and young people of different age:

- 46 – children aged under 14 (18 girls and 28 boys);
- 45 – youth aged 14–35 (32 girls/women and 13 boys/men);
- 34 – persons aged 35+ (27 women and 7 men).

Programme of Vinnytsia science show included various thrilling natural science experiments and breathtaking technologies in the areas of Chemistry, Biology, Robotechnics, AR- and VR-technology. The show participants had a chance to meet representatives of STEAM-professions, observe their work, get some basic knowledge about these areas, familiarize with STEAM-approach and gender equality principles.

Participants had some great and exciting time with positive emotions and changed their perception of career opportunities in science and engineering areas.

"OL is about new emotions being transformed into stimuli to perform research activities. The synergy of knowledge, progress, and new acquaintances with people and science inspires and leaves a pleasant impression and inspiration to move ahead and perform research activities."

Alina, 16 y.o.

Project includes another two science shows to be held in Chernivtsi and Odesa with a large-scale science fest in Lviv where the audience will get more information about science, practice it and be completely blown away by a broader spectrum of STEAM-areas.

This project is implemented in partnership with youth space network TVORY!.

Link: ["OL Science Fest"](#)



"CAREER ALARM IS OVER!". SCORM-COURSE ON CAREER GUIDANCE WITHOUT GENDER STEREOTYPES

At the beginning of 2023, the career guidance project "Career alarm is over!" was being prepared with the aim to popularize the profession choice and peculiarities of STEM and social-humanitarian area specialists' career advancement. This project is special as it focuses on choice of profession free from any gender stereotypes and its segregation into "female" and "male".

This course is designed in the SCORM (Shareable Content Object Reference Model) format with the ability to expand the knowledge of users and retain them through the use of storytelling, gamification, interactive sessions and tests. Online-course is aimed at promoting the selection of desired professions without gender barriers and traditional perception.

SCORM-course on career guidance without gender stereotypes "Career alarm is over!" is designed right before the launch of student enrollment campaign and contains 5 multimedia sessions to get more information about

gender equality development and trends in different professional areas, reasoning of gender transformations and successful stories of women and men and who chose different professions.

A practical training "Choosing a profession is choosing yourself!" will be held in educational establishments of Ternopil and Volyn regions to deepen the knowledge of young people and educators about free choice of profession without stereotypes.

"Career alarm is over!" course is designed by UNFPA in partnership with Ukrainian Educational Hubs Network, Ministry of Education and Science of Ukraine with the aim to implement the Life Long Learning concept and human capital development.

Link: ["Career alarm is over!"](#)



ENGAGING MEN IN THE EQUAL DISTRIBUTION OF HOUSEHOLD RESPONSIBILITIES AND CHILDCARE

In the first quarter of 2023, 85 fathers joined **TatoHub.Poltava** community; a total of 20 groups and 128 individual sessions, as well as 9 events, were held during this period.

Within the above mentioned period TatoHub.Poltava and Regional Youth Center organized TatoSchool meetings, creating a safe space where men are encouraged to share their experience and jointly seek solutions for personal problems by supporting each other.

We are approaching the finish line now and I am so happy that we managed to find and, more important, retain those men, since we launched these meetings. This project helped fathers find supporters and friends"

Dmytro Medviediev, psychologist TatoHub.Poltava

Also a number of individual, group stabilizing and art-therapy sessions was held to mitigate the emotional tension and respond to participants' requests related to anxiety, parent-child conflicts, non-violent communication.

"Kitties against the violence is a sort of interactive guide to the world of GBV countering"

Nataliia Panchenko, psychologist TatoHub.Poltava

In order to enable more people, including youth, to identify and counter various violence types TatoHub.Poltava and Regional Youth Center created [educational board game "Kitties against the violence"](#). This game uses simple language to explain very important and complicated issues. TatoHub.Poltava team has already tested it during workshops on violence countering "Speak Up! Don't whisper!" with 54 persons within the first three months.



During the first quarter of 2023 64 new fathers joined **TatoHub.Zaporizhzhia** community, psychologists held 35 group and 125 individual sessions.

The majority of requests at group sessions related to safety and stress, children behavior and couple relations. In one community where TatoHub.Zaporizhzhia holds sessions systematically, a mutual support group was established on the basis of "peer-to-peer" approach. Participants share their experience and spend time together, discussing the upbringing issues and seeking support in different family-related situations.

After group sessions men admit that psychological support is efficient and safe and later ask psychologists for individual consultations:



The TatoHub.Zaporizhzhia team implements new formats to support families and connection with fathers. Psychological movie club held two meetings: "Impact of stress on mental health and interpersonal relations. Ways to mitigate", "Parental addictions and destructive behavior, impact on children's upbringing". Joint discussion and shared impressions helped to create positive emotional environment and encourage psychoemotional reload.

In the first quarter of 2023, events for families with children were reformatted due to intensified shelling in the Zaporizhzhia oblast and black-outs. TATOchat in Telegram has been introduced as an alternative option for scheduled public events and a space for communication and source of useful info for fathers

The demand for individual consultations steadily grows. Weekly group online-meetings for pregnant women and support groups for future fathers are held. In particular, a wife of one of the participants noted his positive changes in his involvement in raising a child:

"...I am grateful for this opportunity just to talk to a psychologist. You can't tell everything in front of a group and it's impossible to keep everything to yourself only..."



"...My husband is fully involved in the process of raising my daughter, he visited the doctor with me during pregnancy. We went through the school of future parents together in the maternity hospital. He was present during the birth, moreover, since the birth was difficult and I physically could not take care of the baby in the first hours after birth, the husband took care of the child on his own..."

Link: [Infochannel for fathers](#), [Infochannel with announcements of events for pregnant and breastfeeding women](#), [Interactive channel for fathers "TATOchat"](#).

TatoHub.Ternopil, TatoHub.Khmelnyskyi and **TatoHub.Uzhhorod** remain the centers of IDP families' integration in host communities and powerful agents of parental leverage in contacts with local authorities activating the shifts in municipal family and social policy.

During the first quarter 81 fathers in Ternopil, 63 fathers in Khmelnytskyi and 73 fathers in Uzhhorod joined the community.

In total, 186 activities were organized in the first quarter:

- TatoHub.Ternopil – 15 group and 32 individual psychological consultations, therapy sessions and 24 family leisure events.
- TatoHub.Khmelnyskyi – 24 group and 33 individual psychological consultations, therapy sessions and 1 event.
- TatoHub.Uzhhorod – 20 group and 30 individual psychological consultations, therapy sessions and 7 events (including sex education).

Psychological sessions were aimed at covering the demand in terms of supporting families on the brink of divorce, family conflicts, parent-child relations, problems with teens, unsatisfactory emotional condition of children and parents, survivor guilt, wartime adaptation:

“Joint games with my family helped us cope with these harsh conditions and displacement from our house and town. Psychological trainings helped me to know my kids better. Craft sessions (e.g. making fabric dolls “motankas”) brought us closer and we now spend more time together without sticking to our smartphones. Every time I am looking forward to take part in another workshop or event in TatoHub”.

Partnerships are established with the local authorities (regional administrations, specialized units and departments of local councils) and numerous CSOs to enhance the organization of events and effective interaction.



SUPPORTING SURVIVORS OF GENDER-BASED VIOLENCE

In February, with the support of UNFPA, a crisis room was opened in [Kropyvnytskyi](#). The main objectives of the crisis room are to provide survivors with a safe temporary place where they can stay 24/7, to provide primary psychological aid and to redirect survivors to other domestic violence service providers: social services, health facilities and legal institutions. The crisis room can accommodate up to 10 people at a time.

According to UNFPA regional coordinator Liudmyla Akimova, no person can get into the crisis room on their own. A person can be referred there by the police, a PSS mobile team or the head of the center for prevention and countering violence. "A shelter and a crisis room is not a dormitory, it is a complex of services that must be provided to survivors. The address is not disclosed for the sake of the safety and privacy of the victims. People who work in this area are personally responsible for keeping the address secret."

In the crisis room, a person can get a shelter for a period of 10 to 20 days and get psychological, legal services, if necessary, specialists organize receiving medical services. The location of the crisis room is kept confidential for security reasons. Violence survivors must contact the police or local social services to get here.

