THE ROLE OF MEN IN PARENTHOOD
during the full-scale war

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KEY FINDINGS
Only 20% of Ukrainian families indicate an even distribution of childcare responsibilities.

Compared to 2020, the participation of fathers in caring for a child under 3 years old significantly increased:

- Cooking: 15% (2023) vs. 3% (2020)
- Bathing: 37% (2023) vs. 11% (2020)
- Changing diapers: 31% (2023) vs. 8% (2020)
Compared to 2020, the participation of fathers in caring for children of all age categories has significantly increased:

- In daily care: 26% (2023) vs 10% (2020)
- Buying goods for children: 20% (2023) vs 12% (2020)
- Taking to kindergarten and school: 27% (2023) vs 10% (2020)
- Studying: 26% (2023) vs 17% (2020)
- Going for a walk: 30% (2023) vs 17% (2020)
- Communicating: 42% (2023) vs 20% (2020)

The parents said they became closer to their children due to the war:

- 43% of parents:
  - 38% of men
  - 48% of women
A relative majority of parents who have increased time spent with their children as a result of the war, explain this by:
- the loss or partial loss of work: 49%
- the unavailability of kindergartens and schools for full-time: 41%
- poor psychological condition of children: 30%

Fathers think they do not spend enough time with their children:
- 2020: 45%
- 2023: 63%
The majority of parents know that the child’s father has a legal right to take:
- 14 days paid leave when the child is born: 71%
- A leave to take care of children aged under 3 years old instead of the child’s mother: 85%

The percentage of women who want the father of their child to take at least a one-month leave to care for their child under the age of three has increased:

- 55% in 2023
- 30% in 2020

The number of men who expressed a similar desire for themselves also increased:

- 50% in 2023
- 7% in 2020
The number of men who stereotypically believe that caring for a child is a woman's responsibility has significantly decreased from 18% in 2020 to 2% in 2023.
The survey has been conducted by the Info Sapiens Research Agency upon commission of the UNFPA Ukraine within the framework of the “Springboard to Equality: Project on Social Norms Change and Gender Stereotypes Elimination for Better Resilience and Prosperity of Women and Men in Ukraine” implemented with the financial support of Sweden. Conclusions belong to the authors of this publication and do not necessarily reflect the official position of the Government of Sweden or UNFPA.